

First Laredo Heat Academy & Boys & Girls 4v4 Soccer Tournament

RULES

- A team will have 4 players with a recommended maximum roster of 8 players.
- Teams must have an alternate jersey or pennies to wear in case of color conflict. The Home team, listed first on the schedule, will be required to change.
- Home team will provide game balls. (Ball Size 4) We can provide it in case teams don't have one.
- Normal fouls per FIFA
- No Offside rule
- Games will be 40 minutes long, with 5 min half times
- **NO GOALKEEPER**
- After a goal is scored there must be a kickoff to restart the game.
- All free kicks are indirect
- A goal may not be scored directly from a kickoff
- There are no throw-ins allowed
- All restarts for the ball out of play can be taken as a pass-in or dribble-in, except corner kicks must be passed-in.
- A pass-in is indirect and must be taken from behind the touch or end line. Once the ball has entered the field, it is considered a dribble-in and becomes in play.
- All penalty kicks will be taken from mid-field. All players must be behind the kicker (open goal with no goalkeeper). The play is live once the ball is touched except in U8 and U9. At the U8 and U9 age level the ball is live only when the ball bounces off the goal and back into play.
- Opponents must be 5 yards away from all restarts, including out of bounds restarts.
- Goal kicks are indirect and must be taken from the end line.
- Teams may substitute "on the fly". Substitutions on and off the field should occur at the center field line from the same touchline as the team is located. "On the fly" substitutions are allowed without waiting for the referee's permission to leave or enter the field of play. If a team

has more than four players on the field and a goal is scored, the goal shall not be awarded. Any goal scored during a substitution “on the fly” by the defending team shall be allowed.

- “The Crease” a 2-yard semi-circle around the goal
- If a defender plays the ball while he/she is in the “the crease” in front of his/her goal, the opposing team will be awarded a penalty kick from mid-field. The defending team may not form a wall to defend this kick.
- If a member of the attacking team touches the ball in the “the crease”, the defending team will be rewarded an indirect free kick from the top of the “the crease”.
- If the ball stops dead in the “the crease”, the defending team will be awarded a free kick on the top of the “the crease”.
- No heading of the ball

Player Conduct

- Sportsmanship is required at all times
- Referee decisions are final
- Persistent fouling, disrespect, or unsafe behavior may result in removal from game or tournament

To Reiterate:

We are playing a very close simulation to the real game of soccer. Kickoffs are like normal kickoffs. You may not kickoff to yourself and then shoot or dribble down the field. You must kickoff like any other soccer game. Your teammate may immediately shoot like a normal game.

Dribble Ins are strictly used to keep the ball on the ground and may only occur during out of bounds situations like a throw in or goal kick. The goal kick must start on the end line.

Corner kicks must be passed and taken like a normal corner kick.

Free kicks are indirect kicks and must be played or touched by another teammate to score. Free kicks cannot be touched to oneself and taken like a dribble in. Remember we are trying to simulate the true game as much as possible.

Please make sure the defensive team is 5 yards or steps away from all dead ball situations. Such as kickoffs, out of bounds on sideline, goal kicks, corner kicks, free kicks. This does not apply to penalty kicks where everyone must be behind the kicker.

After a goal is scored there must be a kickoff to restart the game. Just like a normal game.

Eligibility

To be eligible, players must fall under the age range for their grade. Players are permitted to participate in higher-grade divisions; however, participation in lower-grade divisions is prohibited.

4th Grade- May not be 11 years old on 09/01/2025.

5th Grade- May not be 12 years old on 09/01/2025.

Using an INELIGABLE player will cause team to forfeit all games said player played in and coach is subject to suspension. If any coach feels an opposing team has an ineligible player, please call/text the Boys and Girls

Club Sports Department at (956) 722-7549 or email sportsdirector@bgcsports.com . We will then conduct an investigation. To avoid hard feelings, coach requesting verification of age will be kept confidential. Player can only play for one team. Once team is eliminated, players cannot transfer to another team.

School Principal

The Boys & Girls Clubs of Laredo will work closely with the schools' principal. The principal has the ability to hold a player(s) and/ or a team out from participating in any BGC league due to conflict with grades, disciplinary violations, etc.

Facility Conduct

No outside food or drinks are allowed.

Coaches are responsible for team benches to be clean after a game.

Spectators are asked to be sure to dispose of trash properly and to leave a clean area after the game.